



The Peace Run is a global torch relay that symbolizes humanity's universal aspiration for a more peaceful world. Now in its third decade, the Peace Run is humanity's largest and longest grassroots effort for peace. Since its inception the torch has visited more than 140 nations.

Along the route people in thousands of communities — from children to senior citizens, from everyday folks to world leaders — will join the Peace Runners by carrying the torch a few steps or a few miles, each person adding their hopes and dreams in a global wave of friendship and goodwill. Through direct participation and media coverage, the Peace Run will touch the lives of millions.

Touch the Torch

Everyone can participate: athletes and non-athletes, young and old alike. Carry the torch a few steps, a few blocks or a few miles, or join in one of the thousands of welcoming ceremonies along the route. All it takes is your commitment to take a step for world peace. Everyone gets a chance to hold the torch.



Invite the Runners to visit renowned heritage and cultural sites. We have visited many World Heritage sites recognized by UNESCO, inspiring others to experience the values and culture of others.



Perform our theme song. It has been performed in countless countries and languages. Such performances provide joyful ways to express harmony and to share unique talents.



Host a **peace-themed art exhibit or poetry event.** These are wonderful occasions to bring people together to express universal aspirations.



The leaders of Timor-Leste (L-R)

First Prime Minister, H.E. Dr. Mari Alkatiri, H.E. President of the Parliament Vicente Guterres, H.E. President Taur Matan Ruak, H.E. Francisco Guterres, H.E. Prime Minister Xanana Gusmão join together to inaugurate a statue of Sri Chinmoy on the Parliament grounds in the capital, Dili.

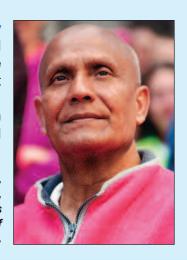
"A moment's peace Can and shall save the world."

Sri Chinmoy

Founder - Sri Chinmoy

The Peace Run was founded in 1987 by the late peace visionary Sri Chinmoy in a spirit of love, harmony and oneness. This spirit permeates the Run and touches the hearts of all those who participate.

An athlete, philosopher, artist, musician and poet, Sri Chinmoy dedicated his life to advancing the ideals of world friendship and oneness.





Mother Teresa and Sri Chinmoy celebrate the spirit of harmony.



Former Soviet President Mikhail Gorbachev holds the torch with Raisa Maximovna as Sri Chinmoy looks on.



Archbishop Desmond Tutu shows his support for the Peace Run by holding the torch in South Africa.



Nelson Mandela, former President of South Africa, and his wife Mama Graça Machel with Sri Chinmoy.



Organize an interfaith relay. We have been welcomed in churches, mosques, synagogues and temples to help foster a culture of peace, and a feeling of universal oneness.



Bring together different cultures and nationalities. Appreciating our **unity in diversity strengthens us** as far more unites than divides us.



Present our Torch-Bearer Award to recognize individual and group efforts honoring peace-building innovators from all age groups.



Peace Run Theme Song

Peace Run, Peace Run, Peace Run, Peace Run!
Oneness-world-heart-joy has begun.
Peace Run, Peace Run, Peace Run!
Sisters and brothers, our peace-torch-flame
Shall feed the globe-harmony-game.
Peace Run, Peace Run, Peace Run!

Words and Music By Sri Chinmoy March 12, 1991



Listen on www.peacerun.org/peace-run-song

Countries and Territories Participating since 1987

Mali

Malta

Albania Andorra Antigua & Barbuda Argentina Armenia Australia Austria Azerbaijan Bahamas Bangladesh Barbados Belarus Belgium Belize Benin Bhutan Bosnia and Herzegovina Botswana

Brazil

Brunei Darussalam Bulgaria Cambodia Cameroon Canada Chile China Colombia Cook Islands Costa Rica Croatia Cyprus Czech Republic Denmark Dominica Dominican Republic Ecuador Egypt El Salvador

England Estonia Ethiopia Fiji Finland France Gambia Georgia Germany Ghana Greece Greenland Grenada Guatemala Guyana Honduras Hungary Iceland India Indonesia

Ireland Israel Italy Ivory Coast Jamaica Japan . Jordan Kazakhstan Kenya Korea Kyrgyzstan Latvia Lesotho Liberia Liechtenstein Lithuania Luxembourg Macedonia Malavsia Maldives

Mexico Moldova Monaco Mongolia Montenegro Morocco Mozambique Myanmar Namibia Nepal Netherlands New Zealand Nicaragua Northern Ireland Norway Palestine Panama Papua New Guinea Paraguay Peru **Philippines** Poland Portugal Puerto Rico Qatar Romania Russia Samoa San Marino Scotland Senegal Serbia Sierra Leone Singapore Slovakia Slovenia South Africa

Spain

St. Kitts & Nevis St. Lucia St. Vincent & The Grenadines Suriname Swaziland Sweden Switzerland Taiwan Tajikistan Tanzania Thailand Timor-Leste Togo Tonga Trinidad & Tobago

Sri Lanka

Tunisia

Turkey

Turkmenistan

Uganda
Ukraine
United Arab
Emirates
United States
Uruguay
Uzbekistan
Vanuatu
Vatican
Venezuela
Vietnam
Virgin Islands
Wales
Zambia
Zimbabwe

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